

## **6th International Interdisciplinary Gestalt Congress**

Croatia 11th -14th September 2025 - ZADAR, CROATIA

# **Program**

Congress activities will be held at the

Conference Center – Falkensteiner Club Funimation, Borik Resort Complex and Hi Hostel Zadar (a few minutes walk from Borik Resort, near Marina Uskok)

RELATIONAL
PERSPECTIVE IN
PSYCHOTHERAPY
OF HUMAN SYSTEMS

FROM INDIVIDUAL TO SOCIETY

# Day 1

Thursday 11.9.2025

#### 13:00-18:00

Registration

Lobby of the Conference Hall – Hotel Donat, Borik Resort Complex

#### 18:00-20:00

Opening Ceremony, musical performance, get together cocktail Lobby of the Conference Hall – Hotel Donat, Borik Resort Complex

# Day 2

## Friday 12.9.2025

#### **PLENARY LECTURES**

Conference Hall – Hotel Donat, Borik Resort Complex

08:00-09:00 Registration

## 09:00-09:30 Opening speeches Congress Moderator: Barbara Matijević

- Margareta Mesić (EAPTI Psihika)
- Lidija Pecotić (European Gestalt Network, EGN)
- Mladen Klanac (City of Zadar)
- Michal Lewandovski (European Association of Gestalt therapy, EAGT)
- Vedran Korušić (Croatian Chamber of Psychotherapists)

## 09:30-10:30 Gianni Francesetti (online): The Something More Than You and Me: Field Perspectives in Gestalt Therapy and Contemporary Clinical Issues

10:30-11:00 Margareta Mesić: I Am Me, You Are You, and the Space Between Us Becomes Our Teacher – Educating the Relationally-Oriented Therapists of the Future

11:00-11:30 Coffee Break

### 11:30-12:00 Lidija Pecotić:

Reflective Presence and Dynamics of Relationship: Gestalt Psychotherapy in the Therapeutic and Social Field

**12:00-12:30** Sanja Bratina: Relational Competencies of Gestalt Psychotherapists

**12:30-13:15** Marina Ajduković: The Power of Relational Supervision of Psychotherapy in the Age of Artificial Intelligence

13:15-13:30 Questions

13:30-15:00 Lunch Break

## AFTERNOON WORKSHOPS AND PRESENTATIONS

Hall Bura – Falkensteiner Club Funimation, Borik Resort Complex

**15:00-16:30** Evgenyij Kolesznyikov and Ivana Vidaković: Seeing a Psychiatrist: An Encountering or A User Manual

16:30-16:45 Break

**16:45-18:15** Atina Tasevska and Natasha Madzevska: Before, Between, Beyond: the Journey Through the Life of Relationships

18:15-18:45 Break

**18:45-20:00** Valentina Relković Radonjić: Conscious Breathing as Part of the Support System

Hall Novi Park – Falkensteiner Club Funimation, Borik Resort Complex (at the end of the restaurant)

**15:00-16:30** Vladimir Milošević: Psychodrama in Specific Contexts

16:30-16:45 Break

### **16:45-18:15** Rose Falzon:

Authentic and Mindful Contact in a Couple Therapy: A Gestalt Experience

18:15-18:45 Break

**18:45-20:00** Nataša Barolin Belić: Sexuality in work with clients

Conference Hall – Hotel Donat, Borik Resort Complex

**15:00-16:30 Bertram Muller:** How to recycle outdated pattern of your mind

16:30-16:45 Break

**16:45-18:15** Panel discussion Dušanka Jovanović, Dragana Ilić

and Marija Krivačić: Relational Perspective in Therapeutic Work with Couples – Interplay of Practice, Theory and Research

18:15-18:45 Break

**18:45-20:00** Talia Bar-Yoseph
Levine: Language: The Bridge
Leading from 'Lonely to Connected'

Lobby of the Conference Hall – Hotel Donat, Borik Resort Complex

15:00-16:30 Sophie Ducrocq
Archibald: Bridging the
Therapeutic Relationship and
Human Experience from the
Therapist's Perspective

16:30-16:45 Break

16:45-18:15 Ljiljana Božović and Anica Dudvarski: All our Living is an Encounter

18:15-18:45 Break

**18:45-20:00** Informal Encounters of the Congress Participants as a Path to New Relationships

Hi Hostel Zadar – Obala Kneza Trpimira 76, Zadar (a few minutes walk from Borik Hotel, near Marina)

15:00-16:30 Marija Krivačić and Slavko Amulić: The Complexity of Relationships in a Co-Therapy Dyad Encountering a Couple

16:30-16:45 Break

16:45-18:15 Suzana Krstić: Zadar Mermaids, Witches and the Inquisition: Using Myth and Fairy Tales Constellations in Group or Individual Therapy

18:15-18:45 Break

**18:45-20:00** Sandra Grubić and Tajana Pavić: Homeland-ness

## Day 3

## **Saturday 13.9.2025**

#### **PLENARY LECTURES**

Conference Hall – Hotel Donat, Borik Resort Complex

**09:00-09:30** Bertram Muller: How to Survive in Challenging Times Without Losing One's Mind

**09:30-10:00** Zoran Milivojević: Society Within the Individual: Internal Relations in Transactional Psychoanalysis

10:00-10:30 Vesna Petrović: Empathic Harmonization and Regulation of Affects in Integrative Psychotherapy

10:30-10:45 Questions

10:45-11:30 Coffee Break

### **POSTER PRESENTATIONS**

Lobby of the Conference Hall – Hotel Donat, Borik Resort Complex

**11:30-12:15** Kirk Schneider:
Therapy for the Polarized Mind:
Life-Enhancing Anxiety

**12:15-12:45 Mira Klarin:** Social Relations – Insights as Synergy of Psychology, Neuroscience and Psychotherapy

12:45-13:15 Talia Bar-Yoseph
Lewine: Language: The Bridge
Leading from 'Lonely to
Connected'

13:15-13:30 Questions

13:30-15:00 Lunch Break

## AFTERNOON WORKSHOPS AND PRESENTATIONS

Hall Bura – Falkensteiner Club Funimation, Borik Resort Complex

15:00-16:30 Vasilis Georgalakis, Sophie Ducrocq Archibald and Kirk Schneider: Presence: The Key to a Successful Psychotherapy

16:30-16:45 Break

16:45-18:15 Presentations Moderator: Sanja Bratina 16:50-17:10 Lea Ivančić Žic:

Autistic Relational Trauma – From Isolation to Contact

17:10-17:30 Snježana Opačić: Support and Shame – the Basic Conditions of the Relational Field for the Development of the Self

**17:30-17:50** Marija Škrinjarić: The Importance of Assessing High Sensitivity in Gestalt Therapy

17:50-18:10 Ivana Vidaković: Social Awareness and Responsibility – Gestalt Relational Principle in the Field

**18:10-18:15** Reflection of the Moderator

18:15-18:45 Break

**18:45-20:00** Sever Jurišin: Mapping the Soul Through a Relational Approach

Hall Novi Park – Falkensteiner Club Funimation, Borik Resort Complex (at the end of the Restaurant)

15:00-16:30 Alan Medić and Grozdana Biočić Zrilić: Body and Gestalt – Integration of Bodily Experience in the Therapeutic Process

16:30-16:45 Break

**16:45-18:15** Joyce Sciberras: Our Inner Child

18:15-18:45 Break

**18:45-20:00** Nina Kolanović and Sandro Belić: "In the Beginning There Was a Word" – Spiritual Life as a Relational Perspective of Healthy Human Relationships

Conference Hall – Hotel Donat, Borik Resort Complex

**15:00-16:30** Mikela Gonzi: A Relational Approach to Mental Well-Being: From Individual to Society

16:30-16:45 Break

**16:45-18:15** Rose Galea: From Surviving Trauma to Creatively Adjusting to the Future

18:15-18:45 Break

**18:45-20:00** Vesna Hercigonja Novković: "I Don't Want to be Here" – How to Turn Adolescent Resistance into a Relationship

Lobby of the Conference Hall – Hotel Donat, Borik resort complex

15:00-16:30 Workshop Marija Stefanović and Gordana Mićović: The Experience of the Ground in Relation to the Here and Now

16:30-16:45 Break

16:45-18:15 Sanela Selmanović Podrug and Kanita Selmanović – Kulo: "Me and Anxiety" Synthesis of Theory and Practical Skills

18:15-18:45 Break

**18:45-20:00** Sanela Selmanović Podrug: Reflection on the Congress – Process Group for the Congress Participants

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# Day 3

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Hi Hostel Zadar – Obala Kneza Trpimira 76, Zadar (a few minutes walk from Borik hotel, near Marina)

**15:00-16:30** Daina Udovicich

Corelli and Bruno Barać: Life of a

Psychotherapist

16:30-16:45 Break

**16:45-18:15** Dragana Ilić and Dušanka Jovanović: Conflicts and Shame in Couple Relationships – Challenges for Therapists

18:15-18:45 Coffee Break

**18:45-20:00** Ivica Medanić and Krunoslav Kolarić: Spirituality and Gestalt Therapy

#### **POSTER PRESENTATIONS**

Lobby of the Conference Hall – Hotel Donat, Borik Resort Vomplex

11:30-12:00 Berina Barakovic: The Relationship Between Emotional Overeating – Mindfulness, Perceived Stress and Religiousness

11:30-12:00 Sonja Tadej: The Gestalt Perspective in Architecture and Art: A Dialogue of Perception and Creation

**11:30-12:00** Ina Delić: Reflection on the Concept of the Soul from the Perspective of Gestalt Therapy

11:30-12:00 Lana Ivezić Passini: Case Study of an Eating Disorder as Creative Adjustment: A Gestalt Perspective

11:30-12:00 Sanida
Sehmehmedović: Humanistic
Concept of Gestalt Through Initial
Methods of Therapeutic Work

11:30-12:00 Slobodanka Velov: From Society to Broken Individuals to Survivors and Back to Society

11:30-12:00 Ines Skelac, Tihana Iviček and Leonardo Dokša: Therapy Companion: A Digital Tool for Psychotherapists

11:30-12:00 Marta Tutić: Implementing Gestalt Psychotherapy in Working with Athletes

(The poster presentations will be displayed throughout the day in the Lobby of the Conference Hall – Hotel Donat, Borik resort complex. Lecturers will be next to their posters at a time indicated in the program for questions and explanations related to their topics.)

# Day 4

## **Sunday 14.9.2025**

## PLENARY LECTURES AND ROUND TABLE

Conference Hall – Hotel Donat, Borik Resort Complex

09:00-09:30 Emilija Stoimenova Canevska: The Pertinence of Supporting the Primary Relationship of the Mother-Baby System

09:30-10:00 Sophie DucrocqArchibald: How TherapistsExperience TherapeuticRelationships (presentation of findings from doctoral dissertation)

#### 10:00-10:30 Ljiljana Božović:

Relational Spirituality as a Manifestation of Spirituality in the Gestalt Therapeutic Process

10:30-11:00 Vesna Hercigonja Novković: What They Are Not Saying: Creating Therapeutic Relationship with Adolescents in Resistance

11:00-11:30 Mikela Gonzi:

A Relational Approach to Ment

A Relational Approach to Mental Well Being: From Individual to Society

11:30-11:45 Questions

11:45-12:15 Coffee Break

## 12:15-13:15 Round table Moderator: Sanja Bratina:

Relational Psychotherapy for What's to Come: The Future – Yesterday, Today, Tomorrow. Margareta Mesić, Mikela Gonzi, Marina Ajduković, Kirk Schneider, Vesna Hercigonja Novković, Mira Klarin

13:15-14:15 Acknowledgements, Awards Ceremony, Official Closing, and Announcement of the Next Congress